

# MERIDIAN HEALTH SERVICES

## Items Permitted & Not Permitted

Please note that Meridian Health Services reserves the right to restrict any item, even if not listed, that has the potential to pose a threat to the safety of patients or staff, or any item that may compromise the integrity or wholesomeness of the program or recovery environment. Meridian Health Services is not responsible for lost or stolen items.

**In order to ensure the safety of our clients and others, PERSONAL VEHICLES ARE NOT PERMITTED ON THE PREMISES.**

**Do Bring: \*\* 1 standard suitcase with the following property will be permitted at time of admission\*\***

- **Clothing** – 5 days for Detox, 7 days for Detox and residential, or just residential. Laundry is available and free to use.
- **Hygiene & Toiletries** – Hygiene and toiletry products (alcohol-free, no glass containers, no aerosol containers). Shower shoes, electric shavers (rechargeable devices only) and blow dryers. Make-up in small glass containers, typically foundation, is permitted.
- **Electronics** – Alarm clock radios, MP3 players (no internet connection allowed), earbuds, and fans are permitted.
- **Insurance & ID card** – If you have insurance, please bring your insurance card. Also, please bring your Driver's License or State ID.
- **Prescription medication & medical supplies** – Please bring in all current prescription medication, in the prescription bottle. Expired medications or medications not properly labeled and in their original packaging, will NOT be given. You are also responsible to bring any medical supplies required to treat/manage a medical condition (diabetic supplies including glucometer, test strips and insulin needles/pens, catheters, wound care supplies, etc.).
- **Cigarettes and/or vaping devices**– All cigarettes must be unopened in the original packaging. You will not be allowed to roll your own cigarettes. E-cigarettes or other vaping devices, which are disposable/single-use cartridges are allowed. Nicotine patches or lozenges are permitted., Cigars that are similar in size to a cigarette and DO NOT have a plastic or wooden tip and with cotton filter are allowed You MUST be 21 years or older to consume tobacco/nicotine products.
- **Food and Drink** – Unopened, non-caffeinated beverages are permitted (no glass containers). Food items must be pre-packaged & sealed with an expiration date. Please note, food packaging may be opened by staff during the process of searching property. This is to ensure the program provides a safe, drug-free environment.
- **Writing Utensils** – You may bring envelopes, writing paper, and stamps. All writing and art utensils are permitted with the exception of paint and permanent markers.

**Lockers are available for clients to secure non-perishable, personal property. Clients must provide their own lock.**

### Do NOT Bring:

- Clothing – cut-offs, tank tops, tight clothing, clothing branded for tobacco, alcohol and/or other drugs, inappropriate language or sexually suggestive material.
- Do not bring personal bedding or pillows.
- Glass or aerosol containers.
- Curling irons, hair straighteners, or mirrors.
- Electronics – iPads, cell phones, Nooks, Kindles, or any other valuable electronics and battery-operated devices.
- Flushable wipes are not permitted, including baby wipes, or toiletry wipes. Q-tips, baby powder, or any other powder product. Any powder product needed to treat a condition will be kept with staff.
- Baby oil
- Narcotics or any other controlled substances, or paraphernalia. Any attempt to bring contraband into the program may result in being ineligible for admission.
- E-cigarettes or other vaping devices which require a refill or charging are NOT permitted.
  - Permitted E-cigarettes are Breeze, Breeze Plus, Breeze Pro, Breeze Prime and Mr. Vapor
- Tobacco – chewing tobacco, loose tobacco for rolling cigarettes, snuff, or vaporizers.
- Food and Drink – perishable food items, caffeine, gum.      \*\* Additional food items will not be stored
- You're encouraged not to bring any valuables such as fine jewelry and watches.

### Property Drop-off hours

\*\* Drop offs will be limited to one per week fitting into 1 bin\*\*

\*\*Door Dash nicotine products will not be accepted\*\*

#### Detox Program

Drop-offs are accepted 7-days a week, between the hours of 8AM-10PM.

#### Residential Program

Monday: 10am-3pm

Wednesday: 10am-3pm

Saturday: 3pm-6pm