

Annual Report 2024

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meridian-hs.org

RECOVERY STARTS HERE



Dear Valued Members of the Community,

As we reflect on another year at Meridian Health Services, I am honored to share our progress and vision for the future. Our integrated treatment model—including residential and outpatient services, detox and withdrawal management, and Medication-Assisted Treatment (MAT)—combines evidence-based care with holistic therapies to support healing on every level. Our commitment to accessible, high-quality treatment remains steadfast.

Fiscal year 2024 was focused on mitigating the impact of inflation on financial performance. Since 2020, we have experienced a greater than 27% increase in our costs, including labor, food, utilities, health care benefits and general liability insurance premiums. Unfortunately, our reimbursement rates have not increased at the same pace as our costs. Our efforts throughout the year focused on lowering operating costs, increasing bed utilization and obtaining higher rates from referral sources. Through these efforts, we successfully improved our operating performance from the beginning of the fiscal year to the end.

While we focused on improving financial performance, we also invested in strengthening our programs, expanding services, and making improvements to better serve our community, including:

- Facility Enhancements: We invested significantly in capital improvements to both our men's and women's inpatient facilities, including roof repairs, parking lot renovations, and updated client spaces to create a more comfortable and supportive environment for healing.
- Strengthening Our Outpatient & MAT Programs: Our MAT program at Summit Place continues to grow, offering methadone, naltrexone, and buprenorphine alongside holistic therapies such as acupuncture, yoga, and mindfulness practices.
- Bolstering Family Support Programs: Recognizing the critical role families play in the recovery process, we expanded our family to offer more education, resources, and structured support.
- Investing in Our Staff: To better address co-occurring mental health and substance use disorders, we are added more behavioral health professionals to our team, strengthening our ability to provide comprehensive, individualized care.

Looking ahead, we are focused on expanding our recovery programs, continuing to strengthen our behavioral health services, and creating even more opportunities for long-term success. We are excited to continue building partnerships, implementing innovative treatment approaches, and ensuring that our facilities remain at the forefront of addiction recovery.

At Meridian Health Services, our mission remains clear—to instill hope, restore health, and transform lives. We are grateful for the trust and support of our community and look forward to another year of growth, healing, and meaningful change.

Sincerely,

Rick PaigeCEO, Meridian Health Services

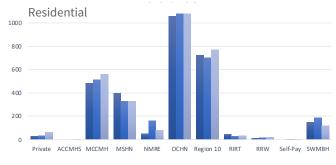


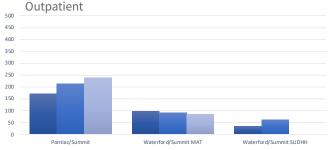




Admissions



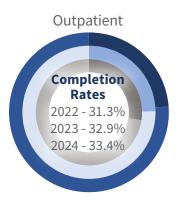




Discharges









Client Satisfaction

Withdrawal Management

Privacy & Dignity
Were Respected • 94.8%
Confident in Knowledge &
Abilities of Staff • 94.3%
Satisfied with Therapeutic Support
from Counselor/PRC • 80.0%
Staff Explained My Role and
Responsibilities in Treatment • 89.5%

Would Return for Treatment if Needed • 91.4%

Waterford MAT

Privacy & Dignity are Respected • 83.3%

Participated in Development of Treatment Plan • 83.3%

I am confident in the Knowledge and Abilities of the Staff • **82.1%**

I Would Recommend the Program to Others • 83.3%

Residential

Privacy & Dignity are Respected • **94.0%**

Provided the Tools Needed for Recovery • 95.0%

Would Return for Treatment if Needed • 88.2%

Counselor was Helpful and Professional • 93.3%

Program was Helpful • 95.6%

Outpatient

Privacy & Dignity
Are Respected • 100%

Participated in Development of Treatment Plan • 91.7%

I Am Confident in the Knowledge & Abilities of the Staff • 100%

It was Worthwhile to have Attended Outpatient Treatment • 100%



			Withdrawal Management	- Client Divers	ity (Oct. 202	3 - Sept. 2024)			
Age	#	%	Race		%	Gender Identity	#	%	
18-21	11	0.7%	African American	258	16.0%	Man/Cisgender Man	10	93	67.8%
22-25	52	3.2%	Arab American	2	0.1%	Woman/Cisgender Woman	_	17	32.1%
26-30	173	10.7%	Asian Pacific Islander	5	0.1%	Transgender Woman		1	0.1%
31-35	278	17.3%		27	1.7%	Transgender Woman		+	0.176
			Hispanic					+	
36-40	335	20.8%	Multi-Racial	30	1.9%			+	
41-45	199	12.4%	Native American	5	0.3%			_	
46-50	148	9.2%	Other	4	0.2%			+	
51+	415	25.8%	Unknown	31	1.9%			_	
			White	1249	77.5%			_	
Totals	1611	100.0%	Totals	1611	100.0%	Totals	16	11	100.0%
			Residential - Client	Diversity (Oct	. 2023 - Sept	:. 2024)			
Age	#	%	Race		%	Gender Identity	#	%	
18-21	33	1.1%	African American	642	21.8%	Man/Cisgender Man	19	98	67.7%
22-25	121	4.1%	Arab American	2	0.1%	Woman/Cisgender Woman	9	51	32.2%
26-30	336	11.4%	Asian Pacific Islander	6	0.2%	Transgender Woman		2	0.1%
31-35	479	16.2%	Hispanic	39	1.3%			+	
36-40	501	17.0%	Multi-Racial	39	1.3%			+	
41-45	403	13.7%	Native American	7	0.2%			+	
46-50	302	10.2%		12	0.2%			+	
			Other				-	+	
51+	776	26.3%	Unknown	35	1.2%			+	
			White	2169	73.5%			_	
Totals	2951	100.0%	Totals	2951	100.0%	Totals	29	51	100.0%
			MHS OPC - Client	Diversity (Oct.		2024)			
Age	#	%	Race		%	Gender Identity	#	%	
18-21	4	1.7%	African American	69	29.0%	Man/Cisgender Man	1	65	69.3%
22-25	10	4.2%	Arab American	0	0.0%	Woman/Cisgender Woman		72	30.3%
26-30	34	14.3%	Asian Pacific Islander	0	0.0%	Transgender Woman		1	0.4%
31-35	39	16.4%	Hispanic	7	2.9%			\top	
36-40	28	11.8%	Multi-Racial	5	2.1%			\top	
41-45	44	18.5%	Native American	1	0.4%			+	
46-50	22	9.2%	Other	2	0.8%			+	
51+	57	23.9%	Unknown	25	10.5%			+	
J1.	- "	23.570	White	129	54.2%			+	
Totals	238	100.0%	Totals	238	100.0%	Totals	2	38	100.0%
Totals	230	100.076			_			30	100.076
			Opioid Treatment Program (O	TP) - Client Di	rersity (Oct.		1	1.4	
Age	#	%	Race		%	Gender Identity	#	%	
18-21	0	0.0%	African American	17	17.0%	Man/Cisgender Man		57	57.0%
22-25	1	1.0%	Arab American	0	0.0%	Woman/Cisgender Woman		43	43.0%
26-30	5	5.0%	Asian Pacific Islander	0	0.0%				
31-35	15	15.0%	Hispanic	3	3.0%				
	33	33.0%	Multi-Racial	1	1.0%				
36-40	33	33.070						$\overline{}$	
36-40 41-45	14	14.0%	Native American	1	1.0%				
			Native American Other	_	1.0% 1.0%			+	
41-45 46-50	14 7	14.0% 7.0%	Other	1	1.0%				
41-45	14	14.0%	Other Unknown	1 1 3	_				
41-45 46-50 51+	14 7 25	14.0% 7.0% 25.0%	Other Unknown White	1 1 3 74	1.0%	Totals	1	00	100.0%
41-45 46-50	14 7	14.0% 7.0%	Other Unknown White Totals	1 1 3 74 100	1.0% 3.0% 100.0%	Totals	1	00	100.0%
41-45 46-50 51+ Totals	14 7 25 100	14.0% 7.0% 25.0% 100.0%	Other Unknown White Totals SUD Health Home (SUDHH)	1 1 3 74 100	1.0% 3.0% 100.0% sity (Oct. 202	23 - Sept. 2024)			100.0%
41-45 46-50 51+ Totals	14 7 25 100	14.0% 7.0% 25.0% 100.0%	Other Unknown White Totals SUD Health Home (SUDHH) Race	1 3 74 100	1.0% 3.0% 100.0% sity (Oct. 202	23 - Sept. 2024) Gender Identity	#	%	
41-45 46-50 51+ Totals Age 18-21	14 7 25 100	14.0% 7.0% 25.0% 100.0%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American	1 1 3 74 100 - Client Diver	1.0% 3.0% 100.0% 5ity (Oct. 202 % 9.1%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25	14 7 25 100	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American	1 1 3 74 100 - Client Diver	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0%	23 - Sept. 2024) Gender Identity	#	%	
41-45 46-50 51+ Totals Age 18-21 22-25 26-30	14 7 25 100 # 1 1 2	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0% 6.1%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American	1 1 3 74 100) - Client Diver	1.0% 3.0% 100.0% 5ity (Oct. 202 % 9.1%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25	14 7 25 100	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American	1 1 3 74 100 - Client Diver	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25 26-30	14 7 25 100 # 1 1 2	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0% 6.1%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American Asian Pacific Islander	1 1 3 74 100) - Client Diver	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0% 0.0%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25 26-30 31-35	14 7 25 100 # 1 1 2 6	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0% 6.1% 18.2%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American Asian Pacific Islander Hispanic	1 1 3 74 100) - Client Diver 3 0 0 2	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0% 0.0% 6.1%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25 26-30 31-35 36-40	14 7 25 100 # 1 1 2 6 8	14.0% 7.0% 25.0% 100.0% % 3.0% 6.1% 18.2% 24.2%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American Asian Pacific Islander Hispanic Multi-Racial	1 1 3 74 100) - Client Diver 3 0 0	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0% 0.0% 6.1% 0.0%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25 26-30 31-35 36-40 41-45	14 7 25 100 # 1 1 1 2 6 8 7 3	14.0% 7.0% 25.0% 100.0% % 3.0% 6.1% 18.2% 24.2% 21.2%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American Asian Pacific Islander Hispanic Multi-Racial Native American Other	1 1 3 74 100 - Client Diver 3 0 0 2 0 1 1	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0% 0.0% 6.1% 0.0% 3.0%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25 26-30 31-35 36-40 41-45 46-50	14 7 25 100 # 1 1 1 2 6 8 7	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0% 6.1% 18.2% 24.2% 9.1%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American Asian Pacific Islander Hispanic Multi-Racial Native American Other Unknown	1 1 3 74 100) - Client Diver 3 0 0 2 0 1 1 1	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0% 0.0% 6.1% 0.0% 3.0% 9.1%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10	30.3%
41-45 46-50 51+ Totals Age 18-21 22-25 26-30 31-35 36-40 41-45 46-50	14 7 25 100 # 1 1 1 2 6 8 7 3	14.0% 7.0% 25.0% 100.0% % 3.0% 3.0% 6.1% 18.2% 24.2% 9.1%	Other Unknown White Totals SUD Health Home (SUDHH) Race African American Arab American Asian Pacific Islander Hispanic Multi-Racial Native American Other	1 1 3 74 100 - Client Diver 3 0 0 2 0 1 1	1.0% 3.0% 100.0% sity (Oct. 202 % 9.1% 0.0% 0.0% 6.1% 0.0% 3.0% 3.0%	23 - Sept. 2024) Gender Identity Man/Cisgender Man	#	% 10 23	30.3%



Meridian Health Services Treatment Programs by Location

Programs:

Admissions & Women's Residential Treatment

Waterford | 1435 N. Oakland Blvd. | 48327 | 248.599.8999

Programs:

Medication-Assisted Treatment, General Outpatient, Substance Abuse Evaluations & Driver's License Evaluation

Waterford | 269 Summit Dr. | 48328 | **248.406.0103**

Programs:

Women's Detoxification, Men's Detoxification & Men's Residential Treatment

Waterford | 1255 N. Oakland Blvd. | 48327 | 248.599.8999

