



Meridian
Health Services

Annual Report 2021

Women's Facility

1435 N. Oakland Blvd.

Waterford, MI 48327

248.599.8999

f: 248.406.0113

meridian-hs.org

Men's Facility

1255 N. Oakland Blvd.

Waterford, MI 48327

248.599.8999

f: 248.406.0107

meridian-hs.org

R E C O V E R Y S T A R T S H E R E



Board of Directors

Richard W. Paige
CEO

Bernard P. Paige
President

Steve Sesti
Board Member

James Cubbin
Board Member

Kerry Kammer
Board Member

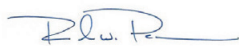
It has been over two years since COVID-19 was declared a national emergency in the United States on March 13, 2020. As this tragic disease shifts from a global pandemic towards an endemic stage in America, millions of Americans are struggling to find peace within their new norms. During this difficult period, many Americans dealt with a multitude of complex stressors, emotions, and social isolation. According to the Centers of Disease Control and Prevention, 13% of Americans reported starting or increasing substance use as a way of coping with stress or emotions related to COVID-19. Those in recovery faced heightened urges to use substances and could be at increased risk for starting to use substances again (relapse). Overdoses also spiked since the onset of the pandemic. Considering these unique challenges, Meridian Health Services continues to fulfill our mission to instill hope and restore health to those affected by substance use disorders.

This commitment has become the foundation for our comprehensive programming that includes detox and withdrawal management, residential treatment, outpatient care, medication-assisted treatment, driver's license evaluation, and substance use evaluations. Our services continue to expand into communities such as Waterford, Flint, Pontiac, and Redford. Our residential treatment program has transformed into a robust therapeutic model that focuses on a holistic approach. This intensive program offers 24/7 care and supervision from 14 to 28 days. We integrate research and clinical practices from medical, psychological, social, and familial and self-help communities that are tailored to the individual's goals, needs, and conditions. Residential treatment includes individual counseling sessions, group sessions, lectures and workshops, twelve-step programming, art therapy, yoga and other exercise, and outdoor recreational activities. Through this transformative treatment approach, clients gain deeper insight into the origins of their condition and begin a journey to long-term recovery.

Most recently, the opioid crisis and COVID-19 pandemic are intersecting with each other and presenting unprecedented challenges within these communities. In response to this, Meridian Health Services had expanded its MAT services to help begin healing, improve quality of life, and eventually achieve lifelong recovery from addiction. Our MAT program utilizes FDA-approved medications Methadone, Naltrexone, and buprenorphine, in combination with licensed therapists and peer recovery coaches, to provide a "whole person" approach to the treatment of opiate and opioid use disorders.

We maintain committed to expanded client access to all our programs. We have expanded Medicaid services to include almost all 83 counties in Michigan and have tripled our number of private insurance individuals. The total client census, for the past three years, has remained steady with approximately 6,000 individuals benefiting from our services. In our most recent CARF survey, Meridian Health Services was recognized as having a truly unique hybrid treatment court program. Since the pandemic has impacted mental health of many individuals, we also continue to focus on co-occurring conditions, to help treat the mental health issues that sometimes co-exist in those with addiction disorder. We plan to hire more behavioral health professionals to help manage clients with co-occurring conditions and give them a better opportunity for successful treatment. The last several years have provided unique challenges, but they were also filled with progress. Thanks to the vision and leadership of our board of directors, and the expert care from our therapists, medical and support staff, we are well positioned to serve those who need our help now and in the future. In every way, Meridian Health Services are getting better; our clients are getting better.

In good health,



Richard W. Paige
Chief Executive Officer



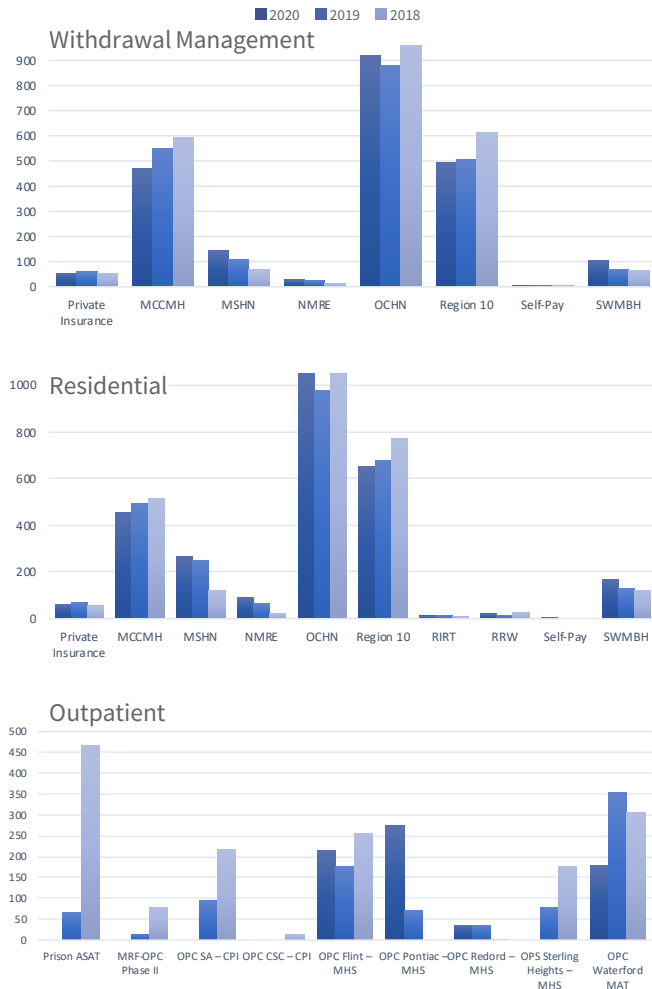
Meridian
Health Services





*Together this
is the Road to
Recovery.*

Admissions

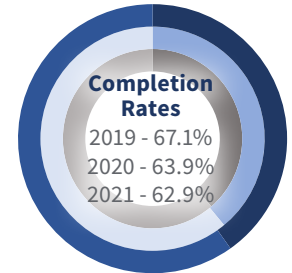


Discharges

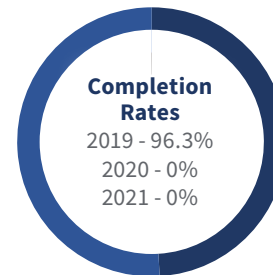
Withdrawal Management



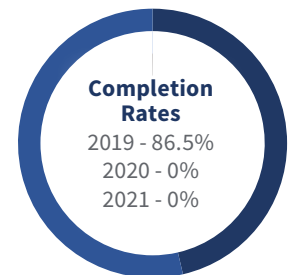
Residential - MHS



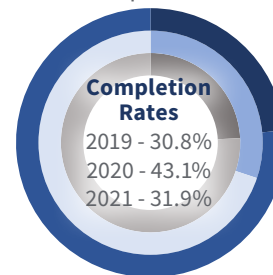
MRF-OPC Phase II



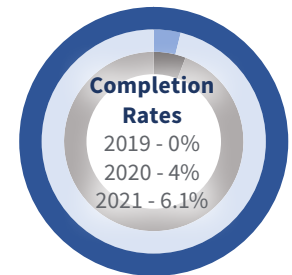
Prison-ASAT



Outpatient



Waterford MAT



Client Satisfaction

Withdrawal Management

*Privacy & Dignity Were Respected • **87%***

*Confident in Knowledge & Abilities of Counselors • **86.5%***

*Worthwhile Attending Detox Program • **86.2%***

*Better Off Now than when Admitted to Program • **84.2%***

*Would Return for Treatment if Needed • **83%***

Waterford MAT

*Privacy & Dignity Are Respected • **92.1%***

*Participated in Development of Treatment Plan • **92.1%***

*I Am Confident in the Knowledge & Abilities of the Staff • **89.5%***

*I Would Recommend this Program to Others • **92.1%***

Residential

*Provided the Tools Needed for Recovery • **85.3%***

*Would Return for Treatment if Needed • **88.1%***

*Counselor was Helpful & Professional • **85.9%***

*Program was Helpful • **84.1%***

*Privacy & Dignity Were Respected • **84.2%***

Outpatient

*Privacy & Dignity Are Respected • **100%***

*Participated in Development of Treatment Plan • **100%***

*I Am Confident in the Knowledge & Abilities of the Staff • **100%***

*I Would Recommend this Program to Others • **100%***



*Diversity
Unites Us.*

Withdrawal Management - Client Diversity (Oct. 2020 - Sept. 2021)									
Age	#	%	Race		%	Gender	#	%	
18-21	24	1.1%	African Am	257	11.5%	Female	797	35.7%	
22-25	109	4.9%	Arab Amer	4	0.2%	Male	1437	64.3%	
26-30	338	15.1%	Asian Paci	2	0.1%				
31-35	484	21.7%	Hispanic	57	2.6%				
36-40	410	18.4%	Multi-Raci	11	0.5%				
41-45	260	11.6%	Native Am	14	0.6%				
46-50	208	9.3%	Refused	0	0.0%				
51+	401	17.9%	Unknown	8	0.4%				
			White	1881	84.2%				
Totals	2234	100.0%	Totals	2234	100.0%	Totals	2234	100.0%	
Residential - Client Diversity (Oct. 2020 - Sept. 2021)									
Age	#	%	Race		%	Gender	#	%	
18-21	48	1.7%	African Am	510	18.2%	Female	946	33.7%	
22-25	131	4.7%	Arab Amer	8	0.3%	Male	1859	66.3%	
26-30	379	13.5%	Asian Paci	3	0.1%				
31-35	542	19.3%	Hispanic	62	2.2%				
36-40	466	16.6%	Multi-Raci	29	1.0%				
41-45	330	11.8%	Native Am	22	0.8%				
46-50	264	9.4%	Refused	0	0.0%				
51+	645	23.0%	Unknown	46	1.6%				
			White	2125	75.8%				
Totals	2805	100.0%	Totals	2805	100.0%	Totals	2805	100.0%	
MHS OPC - Client Diversity (Oct. 2020 - Sept. 2021)									
Age	#	%	Race		%	Gender	#	%	
18-21	12	2.3%	African Am	174	33.3%	Female	152	29.1%	
22-25	40	7.6%	Arab Amer	0	0.0%	Male	371	70.9%	
26-30	79	15.1%	Asian Paci	3	0.6%				
31-35	109	20.8%	Hispanic	12	2.3%				
36-40	76	14.5%	Multi-Raci	6	1.1%				
41-45	67	12.8%	Native Am	0	0.0%				
46-50	40	7.6%	Refused	1	0.2%				
51+	100	19.1%	Unknown	53	10.1%				
			White	274	52.4%				
Totals	523	100.0%	Totals	523	100.0%	Totals	523	100.0%	
Waterford OTP - Client Diversity (Oct. 2020 - Sept. 2021)									
Age	#	%	Race		%	Gender	#	%	
18-21	1	0.6%	African Am	26	14.4%	Female	85	47.2%	
22-25	9	5.0%	Arab Amer	0	0.0%	Male	95	52.8%	
26-30	24	13.3%	Asian Paci	0	0.0%				
31-35	32	17.8%	Hispanic	9	5.0%				
36-40	35	19.4%	Multi-Raci	2	1.1%				
41-45	26	14.4%	Native Am	1	0.6%				
46-50	12	6.7%	Refused	0	0.0%				
51+	41	22.8%	Unknown	7	3.9%				
			White	135	75.0%				
Totals	180	100.0%	Totals	180	100.0%	Totals	180	100.0%	



Meridian Health Services

Treatment Programs by Location

*Programs: Women's Detoxification,
Women's Residential Treatment*

Waterford | 1435 N. Oakland Blvd. | 48327 | **248.599.8999**

Programs: Medication-Assisted Treatment

Waterford | 1435 N. Oakland Blvd. | 48327 | **248.406.0103**

*Programs: Men's Detoxification,
Men's Residential Treatment*

Waterford | 1255 N. Oakland Blvd. | 48327 | **248.599.8999**

*Programs: Medication-Assisted Treatment,
General Outpatient & Driver's License Evaluation*

Pontiac | 91 N. Saginaw St. | 48343 | **248.406.0104**

*Programs: General Outpatient
& Driver's License Evaluation*

Redford | 24801 W. Five Mile Rd., Suite 1 | 48239 | **248.406.0104**

*Programs: General Outpatient, Intensive Outpatient,
Naloxone Training & Driver's License Evaluation*

Flint Township | 1289-D S. Linden Rd. | 48532 | **810.620.7501**

Scan for Info



• Federal, State and/or Local funding has been provided to support project costs and services.