



Meridian
Health Services

Annual Report 2020

Women's Facility

1435 N. Oakland Blvd.

Waterford, MI 48327

248.599.8999

f: 248.406.0113

meridian-hs.org

Men's Facility

1255 N. Oakland Blvd.

Waterford, MI 48327

248.599.8999

f: 248.406.0107

meridian-hs.org

R E C O V E R Y S T A R T S H E R E



Board of Directors

Richard W. Paige
CEO

Bernard P. Paige
President

Steve Sesti
Board Member

James Cubbin
Board Member

Kerry Kammer
Board Member

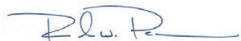
Since 2019, our community has faced unprecedented challenges in the midst of the COVID-19 global pandemic. According to the Centers for Disease Control and Prevention, as of June 2020, 13% of Americans reported starting or increasing substance use as a way of coping with stress or emotions related to COVID-19. Those in recovery faced heightened urges to use substances and could be at increased risk for starting to use substances again (relapse). Overdoses have also spiked since the onset of the pandemic. In light of these unique challenges, Meridian Health Services continues to fulfill our mission to instill hope and restore health to those affected by substance use disorders.

This commitment has become the foundation for our comprehensive programming that includes detox and withdrawal management, residential treatment, outpatient care, medication-assisted treatment, driver's license evaluation, and substance use evaluations. Our services continue to expand into communities such as Waterford, Flint, Pontiac, and Redford. Our residential treatment program, in particular, has transformed into a robust therapeutic model that focuses on a holistic approach. This intensive program offers 24/7 care and supervision from 14 to 28 days. We integrate research and clinical practices from medical, psychological, social, familial and self-help communities that are tailored to the individual's goals, needs, and conditions. Residential treatment includes individual counseling sessions, group sessions, lectures and workshops, twelve-step programming, art therapy, yoga and other exercise, and outdoor recreational activities. Through this transformative treatment approach, clients gain deeper insight into the origins of their condition and begin a journey to long-term recovery.

Most recently, the opioid crisis and COVID-19 pandemic are intersecting with each other and presenting unprecedented challenges within these communities. In response to this, Meridian Health Services has expanded its MAT services to help begin healing, improve quality of life, and eventually achieve lifelong recovery from addiction. Our MAT program utilizes FDA-approved medications Methadone, Naltrexone and buprenorphine, in combination with licensed therapists and peer recovery coaches, to provide a "whole person" approach to the treatment of opiate and opioid use disorders.

We maintain committed to expanded client access to all of our programs. We have expanded Medicaid services to include almost all of the 83 counties in Michigan and have tripled our number of private insurance individuals. The total client census for the year remained steady with approximately 6,000 individuals benefiting from our services. In our most recent CARF survey, Meridian Health Services was recognized as having a truly unique hybrid treatment court program. Since the pandemic has impacted the mental health of many individuals, we also continue to focus on co-occurring conditions, to help treat the mental health issues that sometimes co-exist in those with addiction disorder. We plan to hire more behavioral health professionals to help manage clients with co-occurring conditions and give them a better opportunity for successful treatment. The last several years have provided unique challenges, but they were also filled with progress. Thanks to the vision and leadership of our board of directors, and the expert care from our therapists, medical and support staff, we are well positioned to serve those who need our help now and in the future. In every way, Meridian Health Services are getting better; our clients are getting better.

In good health,



Richard W. Paige
Chief Executive Officer



Meridian
Health Services

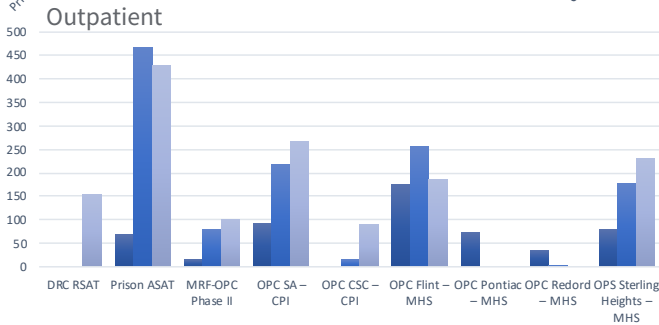
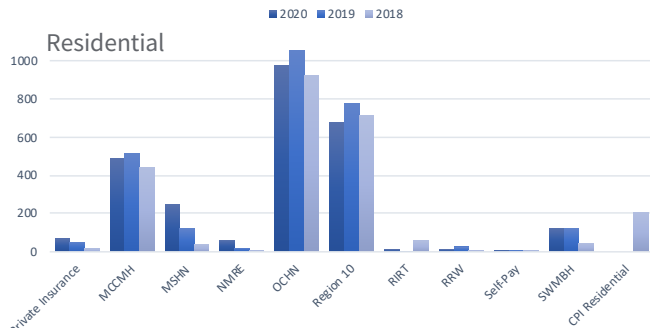
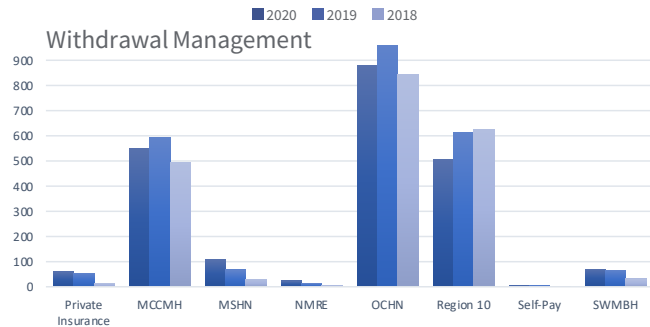




*Together this
is the Road to
Recovery.*



Admissions

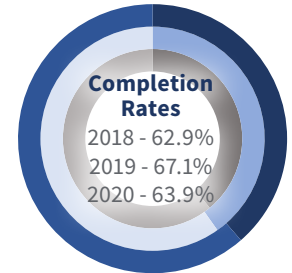


Discharges

Withdrawal Management



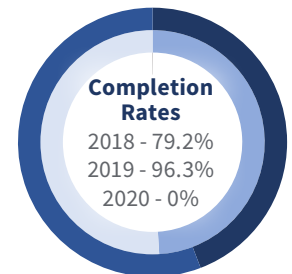
Residential - MHS



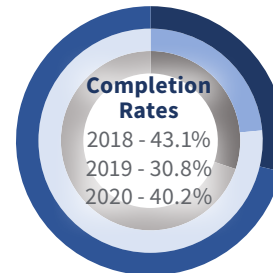
Residential - CPI



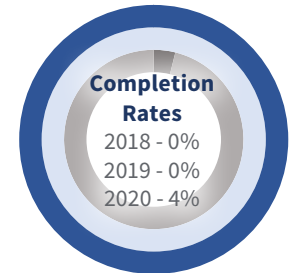
Prison-Based OPC



Outpatient



OPC Waterford MAT



Client Satisfaction

Withdrawal Management

Privacy & Dignity Were Respected • **88%**
 Confident in Knowledge & Abilities of Counselors • **87.2%**
 Worthwhile Attending Detox Program • **88.5%**
 Better Off Now than when Admitted to Program • **88.3%**
 Would Return for Treatment if Needed • **86.9%**

Waterford MAT

Privacy & Dignity Are Respected • **96.1%**
 Participated in Development of Treatment Plan • **96.1%**
 I Am Confident in the Knowledge & Abilities of the Staff • **98%**
 I Would Recommend this Program to Others • **95.9%**

Residential

Provided the Tools Needed for Recovery • **98.1%**
 Would Return for Treatment if Needed • **92.7%**
 Counselor was Helpful & Professional • **91.7%**
 Program was Helpful • **92.8%**
 Privacy & Dignity Were Respected • **92.6%**

Outpatient

Privacy & Dignity Are Respected • **100%**
 Participated in Development of Treatment Plan • **97.5%**
 I Am Confident in the Knowledge & Abilities of the Staff • **100%**
 I Would Recommend this Program to Others • **95.5%**



*Diversity
Unites Us.*

Withdrawal Management - Client Diversity (Oct. 2019 - Sept. 2020)								
Age	#	%	Race	#	%	Gender	#	%
18-21	20	0.9%	African Am	238	10.8%	Female	763	34.5%
22-25	127	5.7%	Arab Amer	11	0.5%	Male	1448	65.5%
26-30	387	17.5%	Asian Pacifi	7	0.3%			
31-35	464	21.0%	Hispanic	52	2.4%			
36-40	413	18.7%	Multi-Racia	12	0.5%			
41-45	232	10.5%	Native Am	9	0.4%			
46-50	172	7.8%	Refused	0	0.0%			
51+	396	17.9%	Unknown	4	0.2%			
			White	1878	84.9%			
Totals	2211	100.0%	Totals	2211	100.0%	Totals	2211	100.0%
Residential - Client Diversity (Oct. 2019 - Sept. 2020)								
Age	#	%	Race	#	%	Gender	#	%
18-21	38	1.4%	African Am	468	17.4%	Female	875	32.5%
22-25	151	5.6%	Arab Amer	8	0.3%	Male	1819	67.5%
26-30	452	16.8%	Asian Pacifi	5	0.2%			
31-35	512	19.0%	Hispanic	58	2.2%			
36-40	445	16.5%	Multi-Racia	16	0.6%			
41-45	263	9.8%	Native Am	17	0.6%			
46-50	235	8.7%	Refused	1	0.0%			
51+	598	22.2%	Unknown	18	0.7%			
			White	2103	78.1%			
Totals	2694	100.0%	Totals	2694	100.0%	Totals	2694	100.0%
MHS OPC - Client Diversity (Oct. 2019 - Sept. 2020)								
Age	#	%	Race	#	%	Gender	#	%
18-21	10	2.0%	African Am	135	27.1%	Female	141	28.3%
22-25	32	6.4%	Arab Amer	1	0.2%	Male	357	71.7%
26-30	89	17.9%	Asian Pacifi	1	0.2%			
31-35	107	21.5%	Hispanic	14	2.8%			
36-40	76	15.3%	Multi-Racia	7	1.4%			
41-45	63	12.7%	Native Am	0	0.0%			
46-50	40	8.0%	Refused	0	0.0%			
51+	81	16.3%	Unknown	19	3.8%			
			White	321	64.5%			
Totals	498	100.0%	Totals	498	100.0%	Totals	498	100.0%
Waterford OTP - Client Diversity (Oct. 2019 - Sept. 2020)								
Age	#	%	Race	#	%	Gender	#	%
18-21	1	0.3%	African Am	37	11.7%	Female	152	48.1%
22-25	7	2.2%	Arab Amer	0	0.0%	Male	164	51.9%
26-30	44	13.9%	Asian Pacifi	1	0.3%			
31-35	78	24.7%	Hispanic	11	3.5%			
36-40	45	14.2%	Multi-Racia	1	0.3%			
41-45	43	13.6%	Native Am	0	0.0%			
46-50	23	7.3%	Refused	0	0.0%			
51+	75	23.7%	Unknown	35	11.1%			
			White	231	73.1%			
Totals	316	100.0%	Totals	316	100.0%	Totals	316	100.0%
Prison Based OPC - Client Diversity (Oct. 2019 - Sept. 2020)								
Age	#	%	Race	#	%	Gender	#	%
18-21	1	1.2%	African Am	18	21.4%	Female	0	0.0%
22-25	6	7.1%	Arab Amer	0	0.0%	Male	84	100.0%
26-30	17	20.2%	Asian Pacifi	0	0.0%			
31-35	19	22.6%	Hispanic	4	4.8%			
36-40	14	16.7%	Multi-Racia	1	1.2%			
41-45	12	14.3%	Native Am	2	2.4%			
46-50	9	10.7%	Refused	0	0.0%			
51+	6	7.1%	Unknown	0	0.0%			
			White	59	70.2%			
Totals	84	100.0%	Totals	84	100.0%	Totals	84	100.0%



Meridian Health Services

Treatment Programs by Location

*Programs: Women's Detoxification,
Women's Residential Treatment*

Waterford | 1435 N. Oakland Blvd. | 48327 | **248.599.8999**

Programs: Medication-Assisted Treatment

Waterford | 1435 N. Oakland Blvd. | 48327 | **248.406.0103**

*Programs: Men's Detoxification,
Men's Residential Treatment*

Waterford | 1255 N. Oakland Blvd. | 48327 | **248.599.8999**

*Programs: Medication-Assisted Treatment,
General Outpatient & Driver's License Evaluation*

Pontiac | 91 N. Saginaw St. | 48343 | **248.406.0104**

*Programs: General Outpatient
& Driver's License Evaluation*

Redford | 24801 W. Five Mile Rd., Suite 1 | 48239 | **248.406.0104**

*Programs: General Outpatient, Intensive Outpatient,
Naloxone Training & Driver's License Evaluation*

Flint Township | 1289-D S. Linden Rd. | 48532 | **810.620.7501**



*• Federal, State and/or Local funding has been
provided to support project costs and services.*

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