

MERIDIAN HEALTH SERVICES

Items Permitted & Not Permitted

Please note that Meridian Health Services reserves the right to restrict any item, even if not listed, that has the potential to pose a threat to the safety of patients or staff, or any item that may compromise the integrity or wholesomeness of the program or recovery environment. Meridian Health Services is not responsible for lost or stolen items.

In order to ensure the safety of our clients and others, PERSONAL VEHICLES ARE NOT PERMITTED ON THE PREMISES.

Do Bring:

- **Clothing** – 5 days for Detox, 7 days for Detox and residential, or just residential. Laundry is available and free to use.
- **Hygiene & Toiletries** – Hygiene and toiletry products (alcohol-free, no glass containers, no aerosol containers). Shower shoes, electric shavers (rechargeable devices only) and blow dryers. Make-up in small glass containers, typically foundation, is permitted.
- **Electronics** – Alarm clock radios. MP3 players (no internet connection allowed), earbuds, CD players (not portable), and CD's.
- **Insurance & ID card** – Insurance card and driver's license or state identification is required.
- **Proof of Residency** - Required for admissions through Macomb County; recommended for all clients admitting.
- **Prescription Medication & Supplies** – Supply for length of stay, both labeled and dated. Expired medications will NOT be given. You are also responsible to bring any supplies required to treat/manage a medical condition (diabetic supplies including glucometer, test strips and insulin needles/pens, catheters, wound care supplies, etc.).
- **Cigarettes** – Factory-packed cigarettes sealed and in cellophane. Electronic cigarettes or similar vaping devices, with single-use cartridges (devices which require refill are NOT permitted), nicotine patches, and cigars that are similar in size to a cigarette and do not have a plastic or wooden tip and with cotton filter. You MUST be 21 years or older to consume tobacco/nicotine products.
- **Food and Drink** – Unopened, non-caffeinated beverages are permitted (no glass containers). Food items must be pre-packaged & sealed with an expiration date.
- **Writing Utensils** - Bring envelopes, writing paper, and stamps. All writing and art utensils are permitted with the exception of paint and permanent markers.

Lockers are available for clients to secure non-perishable, personal property. Clients must provide their own lock.

Do NOT Bring:

- Clothing – cut-offs, tank tops, tight clothing, clothing branded for tobacco, alcohol and/or other drugs, inappropriate language or sexually suggestive material.
- Glass or aerosol containers.
- Curling irons or hair straighteners or mirrors.
- Electronics – iPads, iPods, cell phones, Nooks, Kindles, or any other valuable electronics.
- Batteries or battery-operated devices.
- Narcotics or any other controlled substances, or paraphernalia.
- Tobacco – chewing tobaccos, loose tobacco, snuff, rolled cigarettes, or vaporizers.
- Food and Drink – perishable food items, caffeine, gum, or microwavable popcorn.
- Valuables including rings, watches, and jewelry. We are not responsible for any lost or stolen items

Drop-off hours

Detox Units

Drop-offs are accepted 24 hours a day while a client is on the detox unit. Items will be accepted after-hours only on the day of transfer to our residential program.

Residential Units

Monday: 8am – 5pm – Men's and Women's

Tuesday: 8am – 6:30pm, Men's & 8am-7pm, Women's

Wednesday: 8am – 8pm, Men's & 8am-5pm, Women's

Thursday: 8am – 8pm, Men's & 8am-5pm, Women's

Friday: 8am – 5pm – Men's and Women's

Visitation

- Visitation is held on Tuesday's from 6:30pm - 8:30pm. Clients receive a Visitation Request Form one week prior to scheduled visitations. Only individuals listed on the form will be contacted to confirm and complete the process for visitation.
- Only 2 adults (18 and over) and all biological children (under the age of 18) will be permitted.
- Drop-offs will not be accepted during visitation
- No drop-offs permitted on Saturday or Sunday

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